

# Garden Café - February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Swedish Meatballs over Egg Noodles Peas Butternut Squash Red Grapes	3 Chicken Rice Casserole with Broccoli Yams Fruit Cocktail Cake	4 Pork Roast & Gravy Roasted Potatoes Carrots Whole Grain Roll or Bread Orange Slices	5 Swiss Steak Mashed Potatoes Green Beans Whole Grain Bread or Roll Apple Cobbler	6 Breaded Fish Wild Rice Pilaf CA Blend Vegetables Cucumbers Apricots Cookie
9 Beef Stew with Potatoes, Carrots WW Breadstick Green Salad Peaches	10 Quiche w/ Spinach and Tomatoes Roasted Potatoes, Peppers, and Onions WG Biscuit and Gravy Banana Pudding	11 Open Face Turkey Sandwich with Gravy Carrots Green Beans Garlic Rice Pineapple Cake	12 SteakFingers Mashed Potatoes Whole Grain Roll or Bread Spinach Strawberry Fluff	<i>Happy Valentine's Day</i> Seasoned Baked Chicken Breast Baked Potato w/ sour cream Buttered Mint Carrots Lemon Asparagus Roll & Butter Death By Chocolate Cake
16 <b>CLOSED FOR PRESIDENTS' DAY</b> 	17 <b>Taco Tuesday!!</b> With beef Tacos and Tostadas Mexicorn Spanish Rice Fresh Salsa and Chips Fresh Baked Cinnamon Churro	18 Oven Fried Chicken WG Roll Mashed Potatoes Mixed Vegetables Pears with Jello	19 Goulash Garden Salad WG garlic bread Fruit Cocktail	20 Fish Sandwich Jo-Jo Potatoes Tomato Cucumber salad Fresh Cut up Fruit
23 MEATLOAF MONDAY Mashed Potatoes Buttered Corn Whole Grain Roll or Bread Fresh Cut up Fruit	24 Beef Stroganoff over WW Pasta Sweet Potatoes Green Beans Pound Cake with Berries	25 Chicken Cordon Bleu with Brown Rice and Parmesan Cheese Sauce Brussels Sprouts Corn Applesauce cake	26 Shepherd's Pie Broccoli WG Biscuit Peaches	27 Red Chile Enchiladas Refried Beans Romaine Lettuce and Tomatoes Tropical Fruit

**Chino Valley Senior Center**  
**1021 Butterfield Rd**  
**Chino Valley, AZ 86323**  
**928-636-3182**

LUNCH MENU SUBJECT TO CHANGE  
 FUNDED IN PART BY: NACOG AND DES  
 SUGGESTED DONATION:  
 60 YRS OR OLDER: \$4.00, UNDER 60 YRS: \$5.00  
 LUNCH IS SERVED 11:30 – 12:30

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities